



# News from No. 84



The newsletter for The Royal Cambridge Home

*A great place to live, work and visit...  
Celebrating inclusiveness in all that we do*



**Sparklers to the ready for November 2024**

## Welcome

What a month it has been. Talk about celebrations. We had the incredible Rene's 100<sup>th</sup> birthday. It was such a joyous occasion and later on in the day her granddaughter Alex and all the family came over to join in with the fun.

Melissa, Diane and Rojina all celebrated 10 years with the Royal Cambridge. There's a rumour going round they were terribly young when they first joined!



Merrill with one of the snakes from Zoolab



Celebrating Rene's 100<sup>th</sup>

Gay put on her annual MacMillan Coffee Morning and was joined by many of the team. We raised over £100 for the charity and of course there was an awful lot of cake to be eaten. Huge thanks to Alain and Amparo for baking some rather delicious treats. As we move towards the festive season the general feeling is we will start the diets in Jan (ish).

We enjoyed a couple of very nice tea & cake parties at Lady Eleanor Holles School in Twickenham. The team there always make us feel so welcome and put on excellent entertainment. Thank you to staff and pupils at the school.

Another highlight of October was the ever-popular Zoolab. They brought some stunning exotic creatures with them. We could hold and touch all but the tantalisingly tricky tarantula. She's best handled by the expert handler and admired from afar. There's certainly something fascinating about her.

# Gold Standards Framework



We are thrilled to officially announce The Royal Cambridge Home has been awarded a national Gold Standards Framework (GSF) Quality Hallmark Award in recognition of the excellent end of life care we provide.

The Royal Cambridge Home was one of 140 organisations from across the country to receive the GSF Quality Hallmark Award in recognition of the excellent end of life care we provide.

Our thanks in particular to Vicky and Maggie who lead and championed the Gold Standards Framework throughout the Home. They did a huge amount of work on the project in order to achieve this significant accreditation for the Home.

They attended the awards ceremony on Friday 27th September at BMA House in London to accept the award - a celebration of the UK's exceptional health and social care providers for care in the final year of life.

## Entering No. 84

It has been just over two months since we moved in and we are all extremely proud of our beautiful new building and the achievement from everyone here. As you can imagine, with such a different working environment and the size of the building, some things are a bit of a work in progress. We know that out of hours some visitors have been waiting outside for a little too long before they are let in. We are looking at getting another intercom system installed into the dining room, so that any member of staff out of normal office working hours, can answer the door and let visitors in. There is also another door bell at the front, which is a grey push button. May we ask that out of hours this is also pressed, as this is connected to our call aid system and will ring throughout the building. We will of course, ensure that eventually our entry door system is smooth running. We are nearly there but please bear with us in the interim and we thank you for your patience.



## Memory Boxes

Outside each of our residents' rooms there is a locked and lit memory box. If any relative or friend would like to put something in these, such as photographs, please liaise with the Activities Team (Gay and Tina).



Just a reminder if you have not done so and would like to complete a review for us we would very much appreciate it. Also, please have a think about redoing a review if you have done one previously as they expire after a couple of years. It is a little like Trip Advisor for the care sector and the more reviews we receive go towards an unofficial overall rating score. It is a good platform to leave feedback - [carehome.co.uk - reviews](https://www.carehome.co.uk/reviews)

From there click on “Submit a Review” and you will be able to review us. We also have prepaid review cards if you prefer not to use an online platform. Thanks everyone – we do really appreciate this.

## Marketing and the Website

Since just before moving in we have been extremely keen to start marketing our fantastic new home. We had to wait for a few key things to conclude, for example the railings out the front, before we could embark on professional photography. We should be in a position to commence this over the next few weeks and from there, our professional website designer will launch a brand-new website for us – how exciting! If you have been on lately, you will see it looks a little tired and has our old building on it. We are on the case, but like everything it takes a little time. As soon as we launch our website we will let everyone know! Hopefully for some time early next year. What a start to 2025 that will be.



MacMillan Morning - Before the team descended on the cakes...honestly there was barely a crumb to be seen afterwards...

# St Paul's Church

Reverend Anne Farmer of St Paul's Church, East Molesey, will be hosting an All Souls Service on Sunday 3<sup>rd</sup> November 2024 at 4pm for 45 minute (2 hymns and lighting a candle for someone) if anybody would like to attend.



## Resident Birthdays

This month we will be celebrating:

Friday 1<sup>st</sup> November – Edna  
Thursday 21<sup>st</sup> November - Beryl

Happy birthday from all of us ladies.



## Chiropodist News...

It's all change on the foot front. Our lovely chiropodist Stella, who just happens to be the mother of Grace our hairdresser, will be retiring. Her last session will be Monday 4<sup>th</sup> November. We have sourced a lovely new replacement. Hugo Tupper from Home Foot Care – [www.hugoshomefootcare.com](http://www.hugoshomefootcare.com) will start on Saturday 21<sup>st</sup> December. His rate is slightly higher than Stella's, although still incredibly reasonable, at £20 per person.

## What's coming up?

Please do check the main diary at the back of the newsletter. Key highlights to mark are as follows:

- **Stella the chiropodist** – Monday 4<sup>th</sup> November
- **Joy of Autumn Talk** – Tuesday 5<sup>th</sup> November at 2pm
- **Residents' Meeting** – Thursday 7<sup>th</sup> November at 11.00am
- **Liam, singer** – Thursday 14<sup>th</sup> November at 11.00am
- **Tony, accordion player** – Tuesday 19<sup>th</sup> November at 2pm
- **Stirring the Christmas Pudding** – Thursday 28<sup>th</sup> November at 11.00am

## Social Media



Follow us on Instagram for all the latest photos and news as well as our website [www.royalcambridgehome.org](http://www.royalcambridgehome.org)

### Useful Telephone Contacts

We are a proud equal opportunities employer and Living Wage Employer. We value and respect every single member of our team and equally we expect that in return. Thank you.

*Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion*

LGBTQ+ (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630

**Citizens Advice Bureau** – 01932 248660

**Alzheimer's Society** – 01372 729988

**Safeguarding Advisor** – 07968 834157

**Mental Health Services** – 01372 203400

*A more extensive list of our local advocacy services is in the hallway and main office should you need them.*





Celebrating Diane's 10 Year Service with Vicky and Rory



Patricia with the giant centipede from Zoolab (this one loves kitten heels.....)



Pumpkin carving with Gisele and Rojina - we are all nervously wondering who the pumpkins were based on ...



Janet charms the slippery snake



Eileen



Frances commences her work of art

# November 2024 Diary

October	Morning	Afternoon
Friday 1	Grace, the hairdresser	2.00pm – Residents' Choice
<b>Saturday 2</b>		
<b>Sunday 3</b>		
Monday 4	Stella, the chiropodist	2.00pm – Board Games
Tuesday 5	11.00am – Bingo	2.00pm – Joy of Autumn Talk
Wednesday 6	Competition Time – Staff & Residents	2.00pm – Dawn, G Fitness
Thursday 7	<b>11.00am – Residents' Meeting</b>	2.00pm – Craft Session
Friday 8	Grace, the hairdresser	
<b>Saturday 9</b>		
<b>Sunday 10</b>		
Monday 11	11.00am – Keep Fit	2.00pm – Word Games
Tuesday 12	11.00am – Craft Angels	2.00pm – Baking
Wednesday 13	Competition Time – Staff & Residents	2.00pm – Dawn, G Fitness
Thursday 14	11.00am – Liam, Singer	2.00pm – One-to-Ones
Friday 15	Grace, the hairdresser	2.00pm – Residents' Choice
<b>Saturday 16</b>		
<b>Sunday 17</b>		
Monday 18	11.00am – Hand Massages	2.00pm – Poetry
Tuesday 19	11.00am – Bingo	2.00pm – Tony, accordion player
Wednesday 20	Competition Time – Staff & Residents	2.00pm – Dawn, G Fitness
Thursday 21	10.30am-12.00pm – St Paul's	2.00pm – Quiz
Friday 22	Grace, the hairdresser	2.00pm – Residents' Choice
<b>Saturday 23</b>		
<b>Sunday 24</b>		
Monday 25	11.00am – Musical Fun	2.00pm – Poetry
Tuesday 26	11.00am – Angel Craft	2.00pm – Flower Craft
Wednesday 27	Competition Time – Staff & Residents	2.00pm – Dawn, G Fitness
Thursday 28	11.00am – Stirring Christmas Pudding	2.00pm – Residents' Choice
Friday 29	Grace, the hairdresser	2.00pm – Residents' Choice
<b>Saturday 30</b>		

*Please note, all activities may be subject to last minute changes and the great British weather. If you would like anything added or suggestions for forthcoming activities, please do let us know and we will see what we can do!*